



# AYUSHDHARA

An International Journal of research in AYUSH & Allied Systems

## INSTRUCTION TO AUTHORS

**AYUSHDHARA** is an international peer reviewed Bi-monthly open access journal publishing print and online versions (**RNI Registration No: TELENG/2014/60297**). AYUSHDHARA focused towards the publication of current research work carried out under Ayurveda, Yoga, Unani, Siddha and Homeopathy, Allopathy systems of medicine and Pharmaceutical Sciences.

**AYUSHDHARA publishes the following manuscript types:**

1. Original Research Articles
2. Review articles
3. Book Reviews
4. Short Communications/ Research Letter
5. Case Studies
6. Letter to the Editor/Correspondence

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The manuscript should be prepared in English using "MS Word" with 1 inch margin on all sides (Top, Bottom, Left and Right side) of the page. "Times New Roman" font should be used. The font size should be of 10pt but main Title should be of 16pt bold sentence case, main headings should be of 11pt bold sentence case, subheadings should be of 10pt bold sentence case. Manuscript should be concisely typewritten in 1.0 spaces in A4 sized sheets. The pages shall be numbered consequently. The length of Review/Science Education article should not exceed 12-15 manuscript pages to include figures, tables and references. No abbreviations or acronyms shall be used in the titles or Abstract acronyms except for measurements. There shall not be decorative borders anywhere in the text including the title page.

### Sequence for Manuscripts Submission:

- \* Title Page
- \* Authors and Co-Authors details and their affiliations
- \* Abstract (150 to 200 words)
- \* Keywords
- \* Introduction
- \* Materials and Methods
- \* Results and Discussion
- \* Conclusion
- \* Acknowledgement (optional)
- \* References

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#### **Example:**

1. M Ozaki, Y. Adachi, Y. Iwahori, and N. Ishii, Application of fuzzy theory to writer recognition of Chinese characters, International Journal of Modelling and Simulation, 18(2): 1998, 112-116
2. Parija S.C, Sambhasiva Rao R, Stool Culture as a Diagnostic Aid in the Detection of Entamoeba histolytica in the Faecal Specimens. Indian J. Pathol. Microbiol. October,1995; 38(4): 359-363.

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Mukhopadhyaya GN. The Surgical Instruments of the Hindus. Vol. - 2. Calcutta; Calcutta University Press; 1913. p. 225-230.

### **From Websites**

#### **Example:**

Hypertension, Dialysis & Clinical Nephrology [homepage on the Internet]. Hinsdale (IL): Medtext, Inc.; c1995-2001 [cited 2001 Mar 8]. Available from: <http://www.medtext.com/hdcn.htm>

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