



ISSN: 2393-9583 (PRINT)  
ISSN: 2393-9591 (ONLINE)  
RNI No: TELENG/2014/60297

# AYUSHDHARA

International Journal of research in AYUSH & Allied Systems  
<https://ayushdhara.in>

## *Certificate Of Publication*

Is hereby awarding this certificate to

**JYOTI THAKUR, SONI KAPIL**

In recognition of the publication of the Research Article entitled

**“A COMPARATIVE STUDY TO EVALUATE THE EFFECT OF YOG BASTI (LEKHAN AASTHAPANA BASTI & LAHSHUNTAILA ANUVASANA BASTI) AND SHAMANA AUSHADHA (VISHWADI GUGGULU & AARTAVA PRAVARTAKA YOGA) IN THE MANAGEMENT OF POLYCYSTIC OVARIAN SYNDROME (PCOS)”**

Published in AYUSHDHARA Journal  
VOL 12, ISSUE 6: NOVEMBER - DECEMBER 2025

EDITOR-IN-CHIEF  
AYUSHDHARA

PUBLICATION MANAGER  
MAHADEV PUBLICATIONS