



Review Article

A BRIEF MENTION OF KAYA CHIKITSA (GENERAL MEDICINE) IN SUSRUTA SAMHITA BY MAHARSHI SUSRUTA

Khagen Basumatary¹, Chumi Bhatta^{2*}, Victoria Boro²

¹Professor and HOD, ²P.G Scholar, Department of Samhita and Siddhanta, Government Ayurvedic College, Jalukbari, Assam, India.

KEYWORDS: Susruta samhita, Kayachikitsa, Astanga Ayurveda.

ABSTRACT

Ayurveda has been created by Lord Brahma and descended to earth in the form of *Trisutra*. This gets ramified into *Astanga Ayurveda*. The 8 branches are *Shalya*, *Shalakya*, *Kayachikitsa*, *Bhootavidya*, *Koumarbharitya*, *Agadatantra*, *Rasayantantra*, *Bajikaran Tantra*. *Susruta Samhita* though covers all the 8 branches of *Astanga Ayurveda* but it emphasis more on *Shalya Chikitsa*. *Kayachikitsa* is more elaborately dealt by the father of medicine *Charak* in his book *Charak Samhita*. The *Kayachikitsa* related topics are all scattered in *Susruta Samhita* and make it hard for the readers to find out their topics. So, for the convenience of the reader and easily accessible and handy, the present work has been carried out. In *Susruta Samhita Kayachikitsa* has total 46 chapters of related topics. *Sutrasthan* contain 5 chapters, *Nidansthan* contain 7 chapters, *Sharir sthan* contain 3 chapters, *Chikitsa Sthan* contain 9 chapters, *Kalpa Sthan* contain 2 chapters and *Uttar Tantra* contain 20 chapters. Compiling the scattered topics of *Kaya Chikitsa* available in *Susruta Samhita* will make the reader easy to choose its topic of interest in *Susruta Samhita* regarding the *Kaya Chikitsa* related topics and it also helps further in research works.

*Address for correspondence

Dr Chumi Bhatta

P.G Scholar,

Department of Samhita and

Siddhanta, Government

Ayurvedic College, Jalukbari,

Assam.

Ph no. 9101896487

Email:

chumibhatta98640@gmail.com

INTRODUCTION

Ayurveda, the science of holistic medicine, created by *Lord Brahma* before the creation of universe. The post Vedic period when Ayurveda descended to earth and was passed on, gradually its composite form was ramified into the *Astanga Ayurveda*. It is known that *Susruta Samhita* is more inclined towards *Shalya Tantra*, but it also included in itself all the other branches. There is mention regarding the *Ashtanga Ayurveda* and also their definitions.

Ashtanga ayurveda stands for the 8 branches that form a basis of Ayurveda. *Susruta* has mentioned the following 8 branches- A) *Shalya* (surgery), B) *Shalakya* (ENT and ophthalmology), C) *Kayachikitsa* (general medicine), D) *Bhootavidya* (psychiatry), E) *Koumarbharitya* (pediatric), F) *Agadatantra* (toxicology), G) *Rasayantantra* (rejuvenation), H) *Vajikarantantra* (aphrodisiacs).^[1]

These 8 branches are incorporated into and formed the entire Ayurveda right from its time of creation. *Susruta Samhita* has dealt with all these 8

branches but the matters are scattered throughout the text. Hence the reader has a hard time finding out what *Susruta Samhita* says about remaining branches apart from *Shalya Tantra*. Hence this scattered out matters need to be sorted out. If we look into the present scientific world, we find this is an era of specialization and super specialization in each of the fields of science and technology and the medical science is not at all an exception. So, it is high time that Ayurveda, which is a complete science in itself is also updated keeping pace with the changing times and needs of the people of the entire world. So that it becomes a more and more acceptable to the people of every society.

Definition of Kayachikitsa

It is the part of Ayurveda in which the diseases like *Jwar*, *Raktapitta*, *Sosha*, *Unmad*, *Apasmara*, *Kustha*, *Prameha*, *Atisara* are described along with its treatment.^[2] *Kayachikitsa* is more elaborately explained by father of medicine *Maharshi Charak*. But to make it easy for readers to

know about the *Kayachikitsa* related topic in *Susruta Samhita*, the scattered topic needs to be compiled together. With this purpose, the topic has been selected which will enable the reader to know about the *Kayachikitsa* related topic scattered in *Susruta Samhita* easily.

AIM AND OBJECTIVES:

1. To shed lights on the contribution of *Susruta* in *Kayachikitsa*.
2. To put together the scattered topics of *Kayachikitsa* in *Susruta Samhita*.

Materials and Methods

Ancient Ayurvedic *Susruta Samhita* and the commentaries of the above said *Samhitas* were also used.

Discussion

Su/Su/1 Chapter (Vedotpatti Adhya): In this chapter *Susruta* mentioned about types of diseases, *Adhistan* and to destroy disease knowledge of *Ayurveda* is important. According to *Susruta Kayachikitsa* comes in 3rd number in *Astanga Ayurveda*. He mentioned about definition and *Prayojan* of *Ayurveda*. He mentioned about 4 types of *Praman* as *Pratyaksa*, *Agama*, *Anuman*, *Upaman*. *Susruta* gave description of *Purush*, *Vyadhi*, *Ausadh* and *Kriyakal* in which whole *Susruta Samhita* is based.^[3]

Su/Su/2 Chapter (Sisyopanayaniya adhya): In this chapter duty of a physician for the patient is described. Physician should be kind hearted towards patient.^[4]

Su/Su/11 Chapter (Ksharapak Vidhi): Here *Susruta* mentioned about qualities of *Kshara* as *Tridoshaghna*, *Shodhan*, *Ropan* etc. Also mentioned about indication, contraindication of *Pratisaraniya* and *Paniya Kshar*.^[5]

Su/Su/14 Chapter (Shonita Varnaniya adhya): In this chapter, *Susruta* mentioned about production of *Rasa*, *Rakta* etc., from *Ahara Rasa*. *Ranjakpitta* is essential for redness of *Rakta*. *Purush* is made up of *Rasa* and gives the definition of *Rasa*. Qualities of *Rakta* are *Visrata*, *Dravata*, *Raga*, *Spandana*, *Laghuta*. He mentioned about time of formation of *Sukra* from *Rasa* is one month (18090 *Kala*). In this chapter there is description of qualities of *Dushita Rakta* and *Suddha Rakta*, contraindication, benefits, *Pacchat Karma* of *Raktamokshan* and medicine to control the heavy bleeding after *Raktamokshan*.^[6]

Su/su/17 Chapter (Amapakvaisaniya adhya): Here mentioned about types of *Sopha* and their features. *Lakshana* of *Ama*, *Pakva* and *Pachaman Sopha*. Definition of *Vaidya* and *Taskar Vritti Vaidya*. *Dosha Sambandha* of *Sopha* as pain due to *Vata*, *Paka*, due to *Pitta* and pus due to *Kapha*.^[7]

Su/Ni/1 Chapter (Vatavyadhi nidanam): In the 1st chapter of *Nidan Sthan Susruta* interrogated *Dhanantari* about *Sthan*, *Karma* etc of *Prakritik* and *Kupita Vata* and reply of *Dhanvantari* as *Vayu* is *Nitya*, *Sarvartravyapta*, *Swayambhu*, *Avyakta* and having *Ruksha*, *Shita*, *Laghu*, *Khara* and *Rajo Guna Bahulya*. The types of *Vata* and their *Karma* are given. The description of *Lakshan* of *Asayagata Vata*, *Twachagata*, *Raktagata Vata*, *Vatarakta*, *Akshepaka*, *Apatanak*, *Dandaapatanak*, *Pakshaghat*, *Manyastambha*, *Ardita*, *Gridhrasi*, *Vatakantaka* etc., are also mentioned.^[8,9]

Su/Ni/3 Chapter (Ashmari Nidanam): *Susruta* mentioned about causes and types of *Ashmari* as *Vataja*, *Pittaja*, *Kaphaja* and *Sukraja*. Also he mentioned about *Purvarupa* of *Ashmari* and about *Mutra Sharkara* and its symptoms.^[10]

Su/Ni/5 Chapter (Kustha Nidanam): In this chapter, *Susruta* mentioned about *Nidan*, *Samprapti*, *Purvarupa* of *Kustha*, types of *Kustha* as *Kshudra* and *Mahakustha*, their *Lakshan* and *Dosaanusar* their types. *Susruta* described about *Kilasa* as it is *Twachagata* and *Sravarahita* and mentioned about *Asadhya Kustha*. Here *Susruta* told about *Kustha Moksha Upaya Phala* and about *Aupasargik Roga* and *Roga Sankraman*.^[11]

Su/Ni/6 Chapter (Prameha Nidan): Here mentioned about *Nidan*, *Samprapti*, *Purvarupa* and *Samanya Lakshan* of *Prameha*. Also mentioned about *Prameha Pidaka*, *Updrava* of *Prameha*, *Asadhya Pidaka* etc.^[12]

Su/Ni/7 Chapter (udara nidan): *Susruta* mentioned about 8 types of *Udara Roga* as *Vatodar*, *Pittodar*, *Kaphodar*, *Sannipatikudar*, *Dakodar*, *Plihodar*, *Baddhagudodar*, *Kshtodar* and described their *Nidan*, *Samprapti*, *Purvarupa* and *Rupa*.^[13]

Su/Ni/10 Chapter (Visarpa-nadi-stanaroga nidanam): In this chapter *Susruta* mentioned about *Samprapti*, *Lakshan* and prognosis of *Visarpa*.^[14]

Su/Ni/12 Chapter (Vridhhi upadamsa slipada nidanam): In the context of *Lakshana* of *Upadamsa*, *Samprapti* and *Lakshan* of *Slipada* this chapter is described.^[15]

Su/Sha/4 Chapter (Garbha Vyakaran): In this chapter *Susruta* mentioned about *Prana* which resides in *Agni*, *Soma*, *Vayu*, *Satwa*, *Raja*, *Tama*, *Panchaindiya* and *Bhutatma*. Also he described about *Sapta Twacha* and their diseases, *Nidra*, *Swapna*, *Kala*, benefits of *Ratrijagarana*, *Divaswapna*, *Tandra*, *Jhimbha*, *Klama*, *Bhrama*, detail about *Dehaprakriti* and *Manasik Prakriti*.^[16]

Su/Sha/6 Chapter (Pratyeka marma nirdesh): *Susruta* mentioned that *Marma* is the site of *Prana*.

In this chapter there is description of site of *Marma*, their *Viddha Lakshan*.^[17]

Su/Sh/8 Chapter (Sira Vyadha Vidhi shariram): In the context of place of puncturing this chapter is described.^[18]

Su/Chi/4 Chapter (Vatavyadhi Chikitsa): Here Susruta mentioned about *Asayagata Vatavyadhi Chikitsa* e.g., *Saddharan Yoga* for *Amasayagata Vata*, *Dhatugata Vata Chikitsa*, *Kaphapitta*, *Raktagata Vata* and *Suptivata Chikitsa*. About *Salvana Upanaha*, *Skandha*, *Kaksha*, *Strika*, *Manyagata* and *Shirogata Vata Chikitsa*, *Sarvanga* and *Ekanga Vata Chikitsa*, *Vata Samanya Chikitsa*, about *Tilvak Ghrita*, *Anu Taila*, *Sahasrapak Taila*, *Patra Lavana*, *Sneha Lavana*, *Kalyanak Lavana*.^[19]

Su/Chi/5 Chapter (Mahavatavyadhi Chikitsa): In this chapter Susruta described types of *Vata Sonita*, *Nidan*, *Samprapti*, *Lakshana* of *Vata Sonita*. Treatment of *Vata Sonita*, *Vrdhman Pippali Yoga*, *Pathya-Apathya* for *Vatarakta*. About *Apatanaka*, *Pakshaghata*, *Manyastambha*, *Apatantrak*, *Ardita*, *Ghridrasi*, *Visvaci* etc *Chikitsa*.^[20]

Su/Chi/9 Chapter (Kustha Chikitsa): Here Susruta mentioned about *Kusthanidan*, *Apathy*, *Pathya Ahara*, treatment *Rupa Avastha Chikitsa*, *Mahatiktaka* and *Tiktaka Ghrita*, *Jalagandaja Kshara*, *Svitra Chikitsa*, *Avalgujadi Lepa*, *Tuthadi Lepa*, *Nila Ghrita*, *Mahanila Ghrita*, other treatments prescribed for *Kustha Chikitsa*, *Vaman*, *Virechana* in *Kustha*, *Any Kustha Ahara Yoga*, *Vajraka Taila*, *Mahavajraka Taila*, *Lakshadi Taila*, *Khadiradi Yavagu* etc. *Pradeha*, *Uddharsham* and *Virechana*, *Karabhamukra Yoga*, importance of *Khadiradi Yoga* in *Kustha*, *Pathya Apathy* in *Kustha*.^[21]

Su/Chi/10 Chapter (Mahakustha chikitsa): In the context of treatment of *Kustha*, *Prameha* etc. *Mantha Kalpa*, *Arista Kalpana*, *Asava Kalpana* in *Kustha*, *Sura Kalpana*, *Avaleha Kalpana*, *Churna Kalpana*, *Ayaskrita*, *Ausadha Ayaskrita*, *Khadira Sara Kalpa*, *Amrita Valli Yoga*, *Misraka Sneha*, Susruta described this chapter.^[22]

SU/chi/11 Chapter (Prameha chikitsa): Here Susruta described *Prameha Bheda*, *Samanya Chikitsa*, *Pathya*, *Apathy*, *Sodhan Vidhi*, *Medohara Yoga*, special treatment for special patients of *Prameha*, special treatment for patient having no money.^[23]

SU/chi/13 Chapter (Madhumeha Chikitsa): Here Susruta mentioned about *Chikitsa* of *Madhumeha*, *Shilajata Utpatti*, *Guna* etc, *Shilajata Uttarottar Suasthata*, *Shilajita Samanya Guna*, *Pradhan Shilajita Lakshana*, *Yoga* of *Shilajata*, *Makshika Dhatu Yoga*, *Tuvaraka Taila Yoga*.^[24]

Su/Chi/17 Chapter (Visarpa nadi stana roga chikitsa): Susruta described that *Visarpa Sadhyaasadyata*, *Vataja Visarpa Chikitsa*, *Pittaja Visarpa Chikitsa*, *Gauradi Ghrita*, *Kaphaja Visarpa*, *Varunadi Gana*.^[25]

Su/Chi/19 Chapter (Vridhhi, Upadamsa, Slipada Chikitsa): Here Susruta mentioned that *Upadamsa Samanya Chikitsa*, *Vataja*, *Pittaja*, *Kaphaja*, *Upadamsa Chikitsa*, *Upadamsa Avastha Bheda Chikitsa*, *Upadamsa Churna Vidhana*, *Jambadi Yoga*, *Sajji Ksharadi Yoga*, *Bhringarajadi Yoga*, *Asadyata* of *Raktaja* and *Sannipataja Upadamsa*, *Visesha Chikitsa* of *Tridosaja Upadamsa*.^[26]

Su/Chi/34 Chapter (Vaman-Virechan Vyapat Chikitsa): Here Susruta told about *Vyapat Nama*, *Sankhya*, *Vamana Adhogamana Vyapat*, *Virechana Urdhogamana Vyapat*, *Savasesha Ausadha Vyapat*, *Jirna Ausadha Vyapat*, *Alpa Dosaharan Vyapat*, *Vata Sula Vyapat*, *Vaman Virechana Ayoga Vyapat*, *Atiyoga Vyapat*, *Vaman Virechana Atiyoga Vyapat*, *Jjiva Shonita* and *Rakta-Pitta Pariksha*, *Adhmana Vyapat*, *Parikartika Vyapat*, *Parisrava Vyapat*, *Pravahika Vyapat*, *Hridayopasarana*, *Vibandha Vyapat*, *Vaman Virechana Vyapat Antar* and *Vyapat Hetu*.^[27]

Su/Ka/1 Chapter (Annapan Raksha Kalpa): Here *Dhanvantari* introduced Susruta and said that king should be protected from *Visa*. In this chapter a detail description of *Mahanasa Adhikari Vaidya*, about *Mahanasa*, *Visa Data Lakshan*, modes of poisoning, features of *Vishajusta Anna & Paniya*, features of *Amasayagata*, *Pakwasayagata Visha* is found. Also Susruta mentioned about *Lakshan* of *Sakadi Visha*, *Dantakashthavisha*, *Vish* in *Avyanga*, *Anjana*, *Paduka*, *Puspa*, *Nasya* and *Visha Samanya Chikitsa*.^[28]

Su/Ka/6 Chapter (Dundubhisvaniya Kalpa): in this chapter reference of *Kalyanaka Ghrita* is found.^[29]

Su/Utt/39 Chapter (Jwara Pratishedham): Here Susruta mentioned about *Jwara Swabhaba*, *Jwara Pradhan Lakshan*, *Jwara Bheda*, *Samprapti*, *Hetu*, *Purvarupa*, *Vatikadi Jwara Lakshan*, *Sannipatik Jwara Visista Bheda*, *Dandaja Jwara*, *Visama Jwara*, *Daha Shita Purvaka Jwara*, *Nirantara Jwara*, *Dhatugata Jwara*, *Jwara Vega*, *Ama Pakwa Jwaralakshan*, *Ausadh Sevan Kala*, *Shodhan & Shaman Chikitsa*, *Jwara Karshita Snana Nisedha*, *Sarvajwara Chikitsa Karma*, *Jwarasya Gariyastam*.^[30]

Su/Utt/40 Chapter (Atisara Pratishedham): In this chapter there is mentioned about *Atisara Nidanam*, *Samprapti*, *Bheda*, *Purvarupa*, *Vatadi Atisara Lakshanam*, *Purish Pariksha*, *Atisara Treatment*, *Atisarahara Yoga*, *Gudapaka Upachara*, *Guda*

Dourvalya Chikitsa, Mala Kshya Chikitsa, Pravartika and its treatment.^[31]

Su/Utt/41 Chapter (Sosa Pratishedha): In the context of definition and synonyms of *Sosha, Yakshma Hetu, Samprapti, Purvarupa, Sadrupa, Ekadash Rupa, Asadhyalakshan* and *Chikitsa*.^[32]

Su/Utt/43 Chapter (Hridroga Pratishedham): Here *Susruta* mentioned about *Nidan, Samprapti, Lakshan* of *Hridroga*, their types and various treatment of *Hridroga*.^[33]

Su/Utt/44 Chapter (Pandu Roga Pratishedham): In this chapter *Susruta* mentioned about *Nidan, Samprapti*, types, *Purvarupa* and treatment principle of *Pandu Roga*.^[34]

Su/Utt/45 Chapter (Raktapitta Pratishedham): Here *Susruta* mentioned about *Nidan, Samprapti, Purvarupa, Lakshan, Upadrava & treatment of Raktapitta, Apatarpan Chikitsa of Raktapitta, Pathyaapathya of Raktapitta, Visista Sthanagata Raktapitta Visista Chikitsa, Asrkdara Chikitsa* etc.^[35]

Su/Utt/46 Chapter (Murcha Pratishedham): Here *Susruta* mentioned about *Nidan, Samprapti*, types, *Purvarupa* and *Lakshan* of *Murcha, Tandra Lakshan, Bhramaroga, Murcha Chikitsa, Sanyash Lakshanam* and its treatment.^[36]

Su/Utt/47 Chapter (Panatyaya Pratishedham): In the context of *Madyaguna, Madya Prabhava, Madya rasa, Vidhisevita Madyaguna, Avidhitasevita Madya Dosa, Lakshan of Panatyaya, Panabibhram, Paramad, Panajirna, Asadhya Madatyaya Lakshan, Madatyaya Chikitsa, Daha Chikitsa, Trisna Shamak Madyani* etc *Susruta* mentioned this chapter.^[37]

Su/Utt/48 Chapter (Trisna Pratishedham): Here *Susruta* mention about definition, *Nidan, Samprapti, Purvarupa* and *Lakshan* of *Trisna, Samanya Chikitsa of Trisna, Trisna Hara Jalam, Trisna Hara Yoga* etc.^[38]

Su/Utt/49 Chapter (Chardi Pratishedham): In this chapter *Susruta* mentioned about *Hetu, Nirukti, Samprapti, Purvarupa, Lakshana* of *Chardi, their Chikitsa, Chardihara Yoga* etc.^[39]

Su/Utt/ 50 Chapter (Hikka Pratishedham): In the context of *Hikka Nidan, Swarupa, Nirukti*, types, *Purvarupa, Lakshan* of *Hikka, Lakshan* of *Sadhya* and *Asadhya Hikka, Chikitsa of Hikka* and various *Hikkahara Yoga, Susruta* mention this chapter.^[40]

Su/Utt/51 Chapter (Swasa Pratishedham): Here *Susruta* mention about *Nidan, Samprapti, Paribhasa*, types, *Purvarupa, Lakshan, Sadhyasadhyata* of *Swasa*, treatment principle of *Swasa, Swasahara Yoga* etc.^[41]

Su/Utt/52 Chapter (Kasa Pratishedham): In this chapter *Susruta* mentioned about *Hetu, Samprapti,*

types, *Purvarupa, Lakshan, Chikitsa*, various *Kasahara Yoga* are mentioned.^[42]

Su/Utt/53 Chapter (Swarabheda pratishedham): Here *Susruta* mention about *Nidan, Samprapti*, types, *Lakshan, Samanya & Visista Chikitsa* of *Swarabheda*.^[43]

Su/Utt/54 Chapter (Krimi-roga Pratishedham): Here *Susruta* mentioned about *Krimi Nidan, Utpatti Sthan, Number & types of Krimi, Lakshan, Ssamanya Chikitsa, Krimihara Yoga* etc.^[44]

Su/Utt/55 Chapter (Udavarta Pratishedham): In this chapter *Susruta* mentioned about *Udavarta Nidan, Nirukti, Samprapti*, types, *Lakshan, Chikitsa* and various *Udavarta Hara Yoga* like *Panchamuli Srita Ghrita, Pathyapathya of Udavarta*.^[45]

Su/Utt/56 Chapter (Visusika Pratishedham): Here *Susruta* mentioned about *Karan, Nirukti, Hetu, Lakshan* of *Visusika, Alasak, Vilambika* etc. treatment of *Visusika, Alasak, Anaha Lakshan, Anaha Chikitsa* etc.^[46]

Su/Utt/57 Chapter (Arochak Pratishedham): Here *Susruta* mentioned about *Nidan, Samprapti*, types, *Lakshan* of *Arochak, Chikitsa of Arochak*, various *Yoga for Arochak* like *Trayusnadi Churna* etc.^[47]

Su/Utt/61chapter (Apasmar Pratishedham): In this chapter *Susruta* mentioned about *Apasmar Nirukti, Hetu, Purvarupa, Apasmarrupam, Chikitsa, Daivavyapasraya Chikitsa* for *Grahotpatti Apasmar*, various *Yoga* like *Panchagavya Ghritam* etc.^[48]

Su/Utt/62 Chapter (Unmad Pratishedham): Here *Susruta* mentioned about *Unmad Nirukti*, types, *Hetu, Samprapti, Lakshan* of *Unmad, Unmad Chikitsa, Bhaya-Bismapanadi Chikitsa* for *Unmad, Aharaadi-Vyavostha* for *Unmad, Yoga for Unmad* like *Maha Kalian Ghrita, Brahmiadi Varti* etc.^[49]

CONCLUSION

The aim of this work has been to arrange the contents of *Susruta Samhita* related to *Kaya chikitsa* in order. It would serve 2 purposes. Firstly the reader would have a clear idea about what have been mentioned in *Susruta Samhita* regarding *Kayachikitsa* and secondly the reader will get a readymade reference. The chapters of *Susruta Samhita* related to *Kayachikitsa*, along with the contents or topics which are mentioned by *Susruta Samhita* are all given in this work.

REFERENCE

1. Dr.Ambika Dutta shastri; Sushruta samhita of maharsi sushruta, part 1, 2013, Varanasi, chaukhamba Sanskrit sansthan; su /su/1/7; page no. 5.

2. Dr.P.V.Sharma; Sushruta samhita, part 1, 1999, Varanasi, Chaukhamba Bharati Academy; su /su/1/3; page no.11.
3. Dr.Ambika Dutta shastri; Sushruta samhita of maharsi sushruta, part 1, 2013, Varanasi, Chaukhamba Sanskrit sansthan; su /su/1/22, 23, 24, 31, 34-36, 45;page no. 8-12.
4. Dr.P.V.Sharma; Sushruta samhita, part 1, 1999, Varanasi, Chaukhamba Bharati Academy; su /su/2/3-8, 9, page no.21.
5. Shri Chandrakanta Bhattacharya; Sushruta samhita (kaviraj shri haranchandra chakravartina Susrutartha sandipan vashyasanbalita) of Maharsi sushruta, part 1, 2000, Varanasi, Chaukhamba Surbharati Prakasan; su /su/11/3, 5-12, 13; page no 86.
6. Dr.Ambika Dutta shastri; Sushruta samhita of maharsi sushruta, part 1, 2013, Varanasi, Chaukhamba Sanskrit sansthan; su /su/14/5-12, 16-25; page no.69-73.
7. Vaidya Jadavji Trikamji Acharya and Narayan Ram Acharya; Sushruta samhita of sushruta with Nibandhasangraha commentary of Sri Dalhanacharya, 2015, Varanasi, Chaukhamba Sanskrit sansthan; su /su/17/4-10, 17, 18; page no. 82, 83.
8. Dr.P.V.Sharma; Sushruta samhita, part 1, 1999, Varanasi, chaukhamba Bharati Academy; su /ni/1/3-9, 22-41; page no.285.
9. Dr.Ambika Dutta shastri; Sushruta samhita of maharsi sushruta, part 1, 2013, Varanasi, Chaukhamba Sanskrit sansthan; su /ni/1/43-57, 69-89; page no.303.
10. Dr.Ambika Dutta shastri; Sushruta samhita of maharsi sushruta, part 1, 2013, Varanasi, Chaukhamba Sanskrit sansthan; su /ni/3/3-7, 8-17; page no. 312.
11. Vaidya Jadavji Trikamji Acharya and Narayan Ram Acharya, Sushruta samhita of sushruta, with Nibandhasangraha commentary of Sri Dalhan Acharya, 2015, Varanasi, Chaukhamba Sanskrit sansthan; su /ni/5/5-13, 20-28, 33, 34; page no. 284, 286.
12. Shri Chandrakanta Bhattacharya; Sushruta samhita (kavirajshriharanchandrachakravartina susrutarthasandipanvashyasanbalita) of Maharsi sushruta, part 1, 2000, Varanasi, Chaukhamba Surbharati Prakasan; su /ni/6/3-5, 15-19, 20-25. page no.321.
13. Dr.Ambika Dutta shastri; Sushruta samhita of maharsi sushruta, part 1, 2013, Varanasi, Chaukhamba Sanskrit sansthan; su/ni/7/3-10, 12-24; page no.331-334.
14. Dr.Ambika Dutta shastri; Sushruta samhita of Maharsi sushruta, part 1, 2013, Varanasi, Chaukhamba Sanskrit sansthan; su /ni/10/4-10, 14-22; page no. 346-348.
15. Dr.Keval Krishna Thakral; Sushruta samhita of maharsi sushruta (Shri Dalhanacharya evam Shri Gayadas virasita vistrira hindi vakhya), part 2, 2014, Varanasi, Chaukhamba orientalia; su /ni/12/4-8, 10-15; page no. 835-842.
16. Shri Chandrakanta Bhattacharya; Sushruta samhita (kavirajshriharanchandrachakravartina susrutarthasandipanvashyasanbalita), part 1, 2000, Varanasi; Chaukhamba Surbharati Prakasan; su /sha/4/3-8, 10, 14-25, 30-35, 40, 51; page no.236.
17. Dr.Ambika Dutta shastri; Sushruta samhita of maharsi sushruta, part 1, 2013; Varanasi; Chaukhamba Sanskrit sansthan; su /sha/6/3-13, 25-31, 33-44; page no.71-74.
18. Dr.Keval Krishna Thakral;Sushruta samhita of maharsi sushruta (Shri Dalhanacharya evam Shri Gayadas virasita vistrira hindi vakhya), part 2, 2017, Varanasi; Chaukhamba Sanskrit sansthan;128,su/sha/8/3-9,11-23; page no.126.
19. Dr.Ambika Dutta shastri; Sushruta samhita of maharsi sushruta, part 1, 2013; Varanasi; Chaukhamba Sanskrit sansthan; su /chi/4/3-15, 22-30 page no. 34-36.
20. Shri Chandrakanta Bhattacharya; Sushruta samhita (kavirajshriharanchandrachakravartina susrutarthasandipanvashyasanbalita) of Maharsi susruta, part 2, 2000; Varanasi; Chaukhamba Surbharati Prakasan; su /chi/5/5-10, 13-20, 25-37; page no. 264.
21. Dr.Ambika Dutta shastri; Sushruta samhita of Maharsi sushruta, part 1, 2013; Varanasi; Chaukhamba Sanskrit sansthan; su /chi/9/4-10, 12-27, 44, 56, 62; page no.65-68.
22. Dr.Ambika Dutta shastri; Sushruta samhita of maharsi sushruta, part 1, 2013; Varanasi; Chaukhamba Sanskrit sansthan; su /chi/10/3-10, 12-14; page no. 72.
23. Vaidya Jadavji Trikamji Acharya and Narayan Ram Acharya; Sushruta samhita of sushrutawith nibandhasangraha commentary, 2015; Varanasi; Chaukhamba Sanskrit sansthan; su /chi/11/3-12; page no.452, 453.
24. Shri Chandrakanta Bhattacharya; Sushruta samhita (kavirajshriharanchandrachakravartina susrutarthasandipanvashyasanbalita) of maharshi susruta; part 2; 2000; Varanasi; Chaukhamba surbharati prakasan; su /chi/13/5-20, 23-33 page no.273.

25. Dr.Ambika Dutta shastri; Sushruta samhita of maharsi sushruta, part 1, 2013; Varanasi;chaukhamba Sanskrit sansthan; su /chi/17/4-14, 20-31; page no.100-102.
26. Dr.Ambika Dutta shastri; Sushruta samhita of maharsi sushruta, part 1, 2013; Varanasi;chaukhamba Sanskrit sansthan; su /chi/19/3-13, 20-40; page no. 111-114.
27. Vaidya Jadavji Trikamji and Narayan Ram Acharya; Sushruta samhita of sushruta with Nibandhasangraha commentary of Sri Dalhanaacharya, 2015; Varanasi; chaukhamba Sanskrit sansthan; su /chi/34/4-8, 11-20; page no. 421-423.
28. Dr.Ambika Dutta shastri; Sushruta samhita of maharsi sushruta, part 1, 2013; Varanasi; chaukhamba Sanskrit sansthan; su /kal/13-22, 28-44, 65, 76-82; page no. 5, 9, 12, 17.
29. Dr.Ambika Dutta shastri; Sushruta samhita of Maharsi sushruta, part 1, 2013; Varanasi; chaukhamba Sanskrit sansthan; su /kal/6/4-10, 13-24; page no.69.
30. Vaidya Jadavji Trikamji Acharyaand Narayan Ram Acharya; Sushruta samhita of sushruta with Nibandhasangraha Commentary of Sri Dalhanacharya, 2015; Varanasi; chaukhamba Sanskrit sansthan; su /utt/39/5-13, 16-21, 24-31, 35-43, 50-71, 89-105, 110, 145, 160, 201 page no. 671-676.
31. Dr.Ambika Dutta shastri; Sushruta samhita of maharsi sushruta, part 2, 2013; Varanasi; chaukhamba Sanskrit sansthan; su /utt/40/3-18, 26, 31-33, 50, 57, 68, 102; page no.235-251.
32. Dr.Ambika Dutta shastri; Sushruta samhita of maharsi sushruta, part 2, 2013; Varanasi; chaukhamba Sanskrit sansthan; su /utt/41/4-15, 21, 41; page no. 260.
33. Vaidya Jadavji Trikamji Acharyaand Narayan Ram Acharya; Sushruta samhita of sushruta with Nibandhasangraha Commentary of Sri Dalhanacharya, 2015; Varanasi; chaukhamba Sanskrit sansthan; su /utt/43/5-15, 18-21; page no. 727, 728.
34. Shri Chandrakanta Bhattacharya; Sushruta samhita (kavirajshriharanchandrachakravartina Susrutarthasandipanvashyasanbalita) of Maharshi susruta; part 2; 2000; Varanasi; chaukhamba surbharati prakasan;su /utt/44/3-10, 11-23, 35-38; page no.729-733.
35. Dr.Keval Krishna Thakral; Sushruta samhita of Maharsi sushruta (Shri Dalhanacharya evam Shri Gayadas virasita vistrira hindi vakhya), part 3, 2014, Varanasi, Chaukhamba orientalia; su /utt/45/5-12, 16-30, 32-40; page no. 835-842.
36. Dr.Ambika Dutta shastri; Sushruta samhita of maharsi sushruta, part 2, 2013; Varanasi; Chaukhamba Sanskrit sansthan; su /utt/46/3-8, 10-22; page no. 111-114.
37. Vaidya Jadavji Trikamji Acharyaand Narayan Ram Acharya; Sushruta samhita of sushruta with Nibandhasangraha Commentary of Sri Dalhanacharya, 2015; Varanasi; Chaukhamba Sanskrit sansthan; su /utt/47/3-12, 16-22, 28-36, 40-49, 55, 62; page no. 743-745.
38. Vaidya Jadavji Trikamji Acharyaand Narayan Ram Acharya; Sushruta samhita of sushruta with Nibandhasangraha Commentary of Sri Dalhanacharya, 2015; Varanasi; Chaukhamba Sanskrit sansthan; su /utt/48/3-11, 13-19, 22-31; page no. 753.
39. Shri Chandrakanta Bhattacharya; Sushruta samhita (kavirajshriharanchandrachakravartina susrutarthasandipanvashyasanbalita) of maharshi susruta; part 2; 2000; Varanasi; chaukhamba surbharati prakasan; su /ut/49/3-7, 8, 10-19, 23-33; page no.273.
40. Vaidya Jadavji Trikamji Acharyaand Narayan Ram Acharya; Sushruta samhita of sushruta with Nibandhasangraha Commentary of Sri Dalhanacharya, 2015; Varanasi; Chaukhamba Sanskrit sansthan; su /utt/50/5-12, 15, 24; page no. 759-760.
41. Dr.Keval Krishna Thakral; Sushruta samhita of maharsi sushruta (Shri Dalhanacharya evam Shri Gayadas virasita vistrira hindi vakhya), part 3, 2014, Varanasi, Chaukhamba orientalia; su /utt/51/3-15, 18-22, 28-36, 44; page no. 235-242.
42. Dr.Keval Krishna Thakral; Sushruta samhita of maharsi sushruta (Shri Dalhanacharya evam Shri Gayadas virasita vistrira hindi vakhya), part 3, 2014, Varanasi, Chaukhamba orientalia; su /utt/52/4-16, 22-29, 33-40; page no. 243-245.
43. Dr.P. V. Sharma; Sushruta samhita, part 2, 1999, Varanasi, Chaukhamba Bharati Academy; su /utt/53/3-8, 9-12; page no.43.
44. Vaidya Jadavji Trikamji Acharyaand Narayan Ram Acharya; Sushruta samhita of sushruta with Nibandhasangraha Commentary of Sri Dalhanacharya, 2015; Varanasi; Chaukhamba Sanskrit sansthan; su /utt/54/2-8,10,15-22,25-30, page no. 773-774.
45. Dr.Keval Krishna Thakral; Sushruta samhita of maharsi sushruta (Shri Dalhanacharya evam Shri Gayadas virasita vistrira Hindi vakhya), part 3, 2014, Varanasi, Chaukhamba orientalia; su /utt/55/5-18, 22-34; page no. 271-273.

46. Dr.Ambika Dutta shastri; Sushruta samhita of Maharsi sushruta, part 2, 2013; Varanasi; Chaukhamba Sanskrit sansthan; su /utt/56/3-8, 12-25; page no. 111-114.
47. Dr.Ambika Dutta shastri; Sushruta samhita of Maharsi sushruta, part 1, 2013; Varanasi; Chaukhamba Sanskrit sansthan; su /utt/57/3-10, 12-14; page no. 115.
48. Dr.Keval Krishna Thakral; Sushruta samhita of Maharsi sushruta (Shri Dalhanacharya evam Shri Gayadas virasita vistrira hindi vakhya), part 3, 2014, Varanasi, Chaukhamba Orientalia; su/utt/61/4-11, 14-20, 23-31, 33, 37, 40; page no. 835-842.
49. Vaidya Jadavji Trikamji Acharyaand Narayan Ram Acharya; Sushruta samhita of Sushruta with Nibandhasangraha Commentary of Sri Dalhanacharya, 2015; Varanasi; Chaukhamba Sanskrit sansthan; su /utt / 62/4-9, 12-17, 20-28, 30; page no. 803, 804.

Cite this article as:

Khagen Basumatary, Chumi Bhatta, Victoria Boro. A Brief Mention of Kaya Chikitsa (General Medicine) in Susruta Samhita by Maharshi Susruta. AYUSHDHARA, 2018;5 (2):1657-1663.

Source of support: Nil, Conflict of interest: None Declared

Disclaimer: AYUSHDHARA is solely owned by Mahadev Publications - A non-profit publications, dedicated to publish quality research, while every effort has been taken to verify the accuracy of the content published in our Journal. AYUSHDHARA cannot accept any responsibility or liability for the articles content which are published. The views expressed in articles by our contributing authors are not necessarily those of AYUSHDHARA editor or editorial board members.

